



9 v. 9 Co-Ed Soccer Rules

*Grand Park will use FIFA's "Laws of the Game" with the modifications as follows:

Players/Teams

- Each team must have a minimum of 9 players and maximum of 14 players on their roster
- 9 v. 9 (Maximum of 6 males and minimum of 3 females)
- Game can start with 6 players
 - Maximum of 5 males and minimum of 1 female

Game Play

- Two 20 minute halves
- Running clock
 - Clock stops only on official's discretion
 - IE: injuries, substitution issues/delay tactics, etc.
- 5 minute halftime
- Games have a 1 hour time limit
- Games will start 10 minutes after previous game ends
- A game of rock, paper, scissors between the two captains to start the game
 - Winner decides to kick off or what side to defend
- Regular season games can end in a tie
- Postseason games cannot end in a tie
 - Tied games will follow the overtime format that you will find later on in the rule book

Rules of Play

- Kickoff can go forward or backward.
- When the ball goes out of bounds on the outside lines, a throw in will happen.
- When the ball goes out of bounds on the goal line and was last touched by the defending team, a corner kick will happen.
- When the ball goes out of bounds on the goal line and was last touched by the attacking team, a goal kick will happen.
- Free kicks equal restarts
 - Except for goal kick
- A team must always have a goalie
 - Goalie must identify themselves by wearing a different color jersey than the rest of their

team.

- Opposing teams must stand at least 8 yards away on all restarts and free kicks
- There are **no off-sides**
- Substitutions will be allowed at any dead ball as long as officials are notified.

NOT ALLOWED

- No rough play
- No slide tackling
- No excessive contact towards other players
 - No running through players or charging players
 - No hand checking players
 - No head-butting players
 - No body checking players
 - No pushing players
 - No tackling players
 - No tripping players

Penalties

- Committing any acts that are **not allowed** or any other types of rough play will result in a direct free kick.
 - Handball penalties will also be direct free kicks.
- Penalties or fouls made in the penalty/ goal area will result in a penalty kick.
- Red Cards will be assessed for (Outrageous acts):
 - Extreme fouls
 - Violent play
 - Fighting
 - Obscene/abusive language or gestures
 - Direct abusive language
 - Denying an obvious goal scoring opportunity
- Yellow Cards will be assessed for Wreckless acts:
 - Unsporting behavior
 - Dissent through word or action
 - Repeatedly breaks the Laws of the Game
 - Delays the play
 - Consistently fails to respect the 8 yard distance on free kicks
 - Entering or re-entering the game without the referees approval
- Foul language will be Referee's discretion
- Two yellow cards equal a red card
- One red card or two yellow cards equals an ejection from the game
 - The player is disqualified for the rest of the game,
- If a team loses a player to a red card the following will happen
 - Team plays short-handed for the remainder of the half
 - Example- if a player gets a red card in the first half, the team cannot replace that

- player's spot on the field until the second half.
 - Example- if a player gets a red card in the second half, the team cannot replace that player's spot on the field for the rest of regulation.
 - If a female receives a red card, the team can only replace her spot on the field with another female.
 - If the team does not have another female to replace her with, then they will play the rest of the game shorthanded.
- A player receiving a red card could be subject to a suspension or removal from the league depending on why they were assessed a red card.

Overtime

- **Regular season games can end in a tie**
- Postseason games that are tied after regulation will play an overtime.
- 5 minute sudden death overtime period
- If still tied after 5 minute overtime period, a second 5 minute sudden death overtime period will occur.
 - Teams will flip which side that are defending.
- If still tied after second overtime period, penalty kicks will take place. Each team will receive 4 penalty kicks. Each team will pick any 2 males and 2 females from their team.
 - The kicking format will either be boy, girl, boy, girl or girl, boy, girl, boy.
- If still tied after the four penalty kicks, then sudden death penalty kicks will happen.
 - The first team to make a kick while the opposing team misses their kick wins.
 - The kicking format will alternate between males and females.
 - All males must have kicked before being able to repeat a male.
 - All females must have kicked before being able to repeat a female.

Miscellaneous

- No wearing hats
- No jewelry
- No metal spikes

Forfeits

- Teams must have 6 players and at least 1 female by game time.
 - If teams do not have a minimum of 6 players and 1 female at game time, then they forfeit that game.
- First Forfeit- the team loses that game (they also lose their guarantee of 6 regular season games)
- Second Forfeit- the team loses that game and potential removal from postseason play
- Third forfeit- Potential removal from the league
- If you know that your team will be forfeiting a game in advance, please let us know beforehand.